



مدرسة الدوحة البريطانية  
DOHA BRITISH SCHOOL

# Nut-Free Policy



Last Review: September 2021

Next Review: June 2022

Reviewer: Policy Committee





## 1. Purpose

The purpose of this policy is to make the school as safe as possible for pupils with nut allergies.

## 2. Scope

The policy applies to everyone that enters the school

## 3. Definitions

**Allergy:** A condition in which the body has an exaggerated response to a substance (e.g. food or drug), also known as hypersensitivity.

**Allergen:** A normally harmless substance that triggers an allergic reaction in the immune system of a susceptible person.

**Anaphylaxis:** Anaphylaxis, or anaphylactic shock, is a sudden, severe and potentially life threatening allergic reaction to food, stings, bites or medicines.

## 4. Policy Statement

As part of the admissions procedure for the school, parents are asked to identify sources of allergies for their children. Nuts are a common food allergen identified across the pupil population, with some pupils having an anaphylactic reaction.

Because pupils may not be mature enough to manage their condition by avoiding food containing nuts, the school is a 'nut free school', meaning that nuts or food containing traces of nuts are not to be brought on site.

All members of the school community are asked to manage the day to day application of this policy in the following ways:

- Parents and carers are requested NOT to send food to school that contains nuts. This includes all types of nuts, peanut butter, Nutella, cereal/chocolate bars and any other food containing nuts.
- Staff will be alert to any obvious signs of nuts being brought in, but they will not inspect all food brought into school.
- Children will be asked NOT to share food.
- Children will be encouraged to wash hands before and after eating.
- School nurses are trained in understanding and dealing with Anaphylaxis (severe allergic reactions) and will use this training as the need arises.
- School nurses will provide teachers with training about how to deal with anaphylactic shock during the induction period.
- The providers of food to the school cafeteria will ensure all cooked food is nut free.

In the case of a pupil having an anaphylactic reaction, the school nurses should be contacted immediately (see also the Anaphylaxis Policy).



## 5. Roles and responsibilities

The Principal is to:	<ul style="list-style-type: none"> <li>allocate the responsibility to a staff member for ensuring that the website and parent welcome packs are regularly updated and include information about the school's nut free policy.</li> </ul>
Heads of School	<ul style="list-style-type: none"> <li>provide reminders to parents about the nut free policy at the start of the year and on occasions that involve the provision of food to school from homes.</li> </ul>
Teachers are to:	<ul style="list-style-type: none"> <li>remind pupils that they should not bring nuts of food containing nuts to school;</li> <li>monitor food that pupils bring to school whenever practicable;</li> <li>take action to manage situations in which food containing nuts has been sent to school.</li> </ul>
The Head of Corporate Services is to:	<ul style="list-style-type: none"> <li>ensure that no products containing nuts are offered by companies contracted to provide food to the school;</li> <li>direct school nurses to provide up to date information about pupils' allergies to teachers and other appropriate staff as part of wider medical data.</li> <li>direct school nurses to provide teachers with training about how to deal with anaphylactic shock during the induction period.</li> </ul>
Parents are to:	<ul style="list-style-type: none"> <li>provide up to date advice to the school about the allergies of their children;</li> <li>refrain from sending nuts or food containing nuts with their child to school;</li> <li>refrain from sending food containing nuts to school for special occasions at the school.</li> </ul>

## 6. Related documents

Anaphylaxis Policy



Thank you