



Secondary School Weekly Information Letter Thursday 12th October 2023

Dear Parents,
 Please find below, information pertinent to the Secondary section of DBS Rawdat Al Hamama.

Dates for you Diary

Upcoming Events	
Date	Event
Wednesday 18 th October	Year 9 Parents Evening
Thursday 19 th October	International Day
Sunday 22 nd October – Thursday 26 th October	Half Term – School Closed
Further ahead	
Date	Event
Sunday 12 th November – Thursday 16 th November	Anti-Bullying Week
Sunday 19 th November – Wednesday 22 nd November	Whole School and Individual Photos
Wednesday 22 nd November	Year 10 and 11 parents Evening
Monday 27 th November	Year 7 reports sent home
Wednesday 29 th November	Year 7 Parents Evening
Sunday 3 rd December	Arabic and Islam End of Term examinations

Well-being week

DBS Rawdat devoted a week to championing well-being, immersing both primary and secondary students in a diverse range of enriching activities. This Well-being Week introduced students to new skills and experiences, from the Self-esteem Workshop to calming sessions of Mindful Colouring and Yoga. They also took part in reflective Journal Writing and felt the therapeutic effects of singing.

Beyond fun and learning, the week emphasised the importance of well-being, reducing stigma, and fostering positive habits to bolster mental strength and resilience. This initiative is a stride towards providing students with tools for a balanced, mentally strong future. Additionally, our Well-being counsellor led assemblies on maintaining a positive mind set and harnessing neuroplasticity to uplift mood and well-being.

The Programme of activities available to our students this week, were as follows:

- **Self-esteem Sunday:** This interactive workshop focused on resilience and self-belief, serving as a great boost for self-confidence and emotional well-being.
- **Mindful Colouring Monday:** Mindful colouring allows participants to focus on the act itself, observing colours, patterns, and sensations. It's an effective method to sharpen focus and reduce stress.
- **Total Yoga Tuesday:** Yoga enhances physical fitness, flexibility, and balance while promoting mindfulness and relaxation. Gentle poses and breathing exercises are incorporated to benefit overall well-being.
- **Write It Out Wednesday:** Delve into journaling to spur self-expression and creativity. It aids in self-awareness and emotional intelligence, providing an avenue for reflection and emotion processing.
- **Thereoke Thursday:** Thereoke is a therapy through singing, allowing participants to express emotions musically. It's a refreshing way to elevate one's mood.



I would like to extend a big thank you to Mrs Mariam Whitehead for all her hard work, in setting up and organising the events and activities for Well-being week.

Poetry Day

For U.K. Poetry Day on Thursday 5th October, students from KS3 took time away from normal lessons to read and analyse a poem written by Lara Dearden based on the theme of Refuge. With so much displacement and upheaval of refugees across the modern world, we felt this theme was important and appropriate to discuss for our students and their understanding of SMSC cultural values as aspiring global citizens.

Guided by Mrs Hirani and Mr Dearden, from the English Department, students were then given time to write their own poems on this topic.

The best female and male poet from each year group will have their work presented in the secondary library by librarian Ms Hernandez and will receive house points and a certificate to acknowledge their effort. This will be administered by the end of Thursday 19th October for International Day.

Tom Dearden
(English Teacher)

Year 9 Parents Consultation Meetings

On Wednesday, 18th October, we invite you to a meeting with your child's subject teachers. This session will offer insights into your child's learning approach and achievements since the beginning of this academic year.

For Year 9 parents, this upcoming parents' evening holds special significance. As we approach the early stages of Term 2, Year 9 students will need to make a decision on which subjects they wish to continue with and which ones to drop for Year 10. The initial feedback on their academic progress will be instrumental in guiding these critical decisions.

We sincerely hope you'll join us for this parents' evening. It's a valuable opportunity to gain preliminary insights into your child's attainment and progress. Do be aware that many of our teachers are anticipated to have a full schedule of meetings. Without a prior booking, you might find it a challenge to secure a meeting with your child's instructor. Also, a quick note on non-core subjects: given that students currently have just 1-2 lessons a week in these areas, the feedback will largely address their learning strategies more than specific achievement levels.

Please stay tuned for details from Mr. Thomas on how to arrange an appointment. Your proactive involvement will be key to ensuring a beneficial discussion about your child's academic future.

Wear It Pink Day

As mentioned last week, Wear It Pink Day is not just a splash of colour but a symbol of unity in the fight against breast cancer. Today, DBS Rawdat joined in this global celebration, and it was heartening to see a sea of pink amongst our staff and students, all showing their support for cancer awareness. Our students took it a step further by organizing a bake sale, with the proceeds directed towards a local cancer charity in Qatar. Beyond the shades of pink, this day at DBS Rawdat reiterates the message that when we come together, we can inspire change, emphasising the importance of early detection and treatment. The collective efforts of our community give hope and drive towards a world where breast cancer affects fewer lives.



International Day Celebration - A Day of Global Unity

On Thursday, 19th October, our school is proud to be celebrating International Day, a special occasion that emphasises the values of respect, tolerance, and the beauty of cultural diversity that weaves the fabric of our school community. This day offers a wonderful opportunity for our students to proudly showcase and share their unique heritages.

We kindly request that students come to school dressed in their traditional national attire or in colours that represent their home countries. Beyond just the visual representation, we are also encouraging each student to bring a traditional dish or snack from their home countries. We will set up tables throughout the school, creating a vibrant cultural feast, allowing all students to taste and appreciate different global flavours.

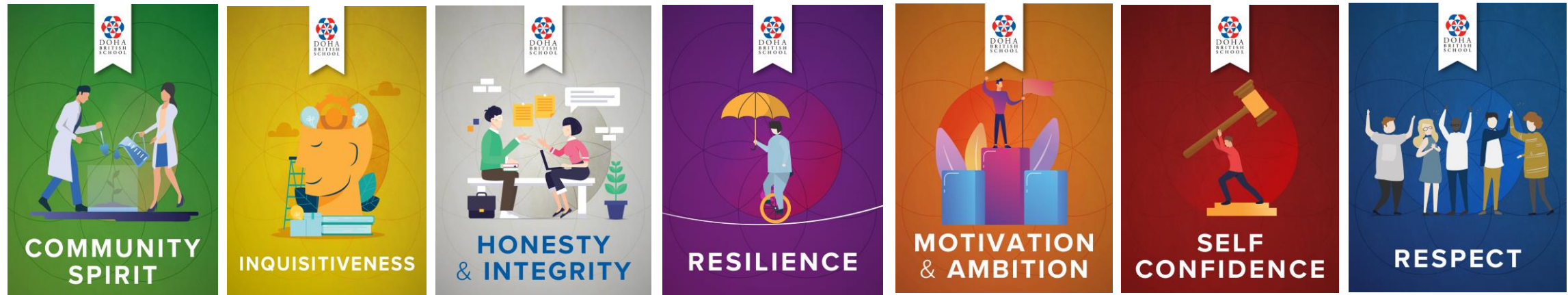
Excitingly, the day will kick off with a parade on the field at 7.30am. During this event, students will also showcase various cultural dances and music performances. It promises to be a spectacle of colour, rhythm, and harmony. All parents are warmly invited to join and witness this grand display of our community's diversity.

This initiative promises a day of discovery, learning, appreciation, and unity. Let's come together to celebrate our schools rich tapestry of internationalism!

Our core purpose is that every young person should gain as much as possible from our school, based on our belief that all learners can, need, and want to achieve.
Our vision: To be a vibrant, welcoming international school that provides a first-class class education enabling pupils to thrive within a dynamic, global environment
Our Mission: To prepare all pupils through a relevant, challenging curriculum and well-resourced facilities, to become lifelong learners contributing to a global community.

Star of the Week

As a school and in line with the 'DBS way' our core purpose is to ensure that every child or young adult, who comes through our doors, gains as much from the experience of being here as possible. We base this on our belief that all learners can, need and want to achieve. We will, therefore, provide the highest standards of teaching and learning together with substantive support for character development. We want our students to complete their education here as well-rounded individuals. Whilst students are at DBS, we aim to develop and instil the following values:



Character development does not happen in isolation, for it to be effective, it needs to permeate all layers of your child's education at DBS. Within the classroom we aim to develop and recognise many of the facets of character development. One of the ways we recognise this is through our 'Star of the week'. Each week teachers nominate a student in their class that they feel has exhibited one or more of the character traits we aim to develop. The student(s) who receive the most nominations are awarded our star of the week. Although we normally only have one or two students in each year group who are awarded the Star of the week, many other students are nominated. To celebrate all our students' success, we will share with you through the newsletter all the nominations. If your child has been nominated or has been awarded the Star of the week, then please recognise their success with them.

This week's Stars of the Week are:



Blue Horses: Marwan Allam



Green Scorpions: Maleeka Badr



Purple Camels: Ammar Alganad



Red Oryxes: Aman Waqas



Yellow Devhan Rebb

For the full list of students who were nominated please use the following link: [Star of the Week](#)

Ongoing reminders – Useful to Know (New Parents)

- [Access to E-library for Students – Information on how our students can access the free e-books library from home](#)
- [School Calendar 2023/24 - Calendar 2023/24](#)
- [School Uniform and School Shoes 2023-24](#)
- [Staff email contact list](#)
- [Welcome to Secondary - Handbook](#)
- [Google Classrooms](#)

Kind Regards



Robnawaz Khan
Principal

T +974 4019 8008
E robnawaz.khan@dbsrawdat.com

www.dbsrawdat.com
Doha British School, PO Box 19379, Doha, Qatar



This email, together with any attachments, is intended for the named recipient(s) only and may contain privileged and confidential information. If received in error, please inform the sender as quickly as possible and delete this email and any copies from your computer network. If not an intended recipient of this email, you must not copy, distribute or rely on it, and any form of disclosure, modification, distribution and/or publication of this email is prohibited. Unless stated otherwise, this email represents only the views of the sender and not the views of Doha British School LLC. WARNING: Computer viruses can be transmitted via email. The recipient should check this email and any attachments for the presence of viruses. Doha British School LLC accepts no liability for any damage caused by any virus transmitted by this email.
Please consider the environment before printing this email