

Doha British School – Wakra

Physical Education Curriculum Road Map – KS1/2

Intent

- ☐ To have an interest (and enjoyment) in physical activity either competitively, non-competitively or both
- ☐ To become physically confident, in a way which will support my health, fitness and mind
- ☐ To develop a broad range of fundamental skills to aid my physical development throughout my time in school and beyond

In Year 5 & 6...

- ☐ I will be introduced to cricket, ultimate frisbee, dance, netball and badminton
- ☐ I will continue my physical development in football, athletics, gymnastics, basketball, tag rugby, rounders and hockey or handball
- ☐ I may be able to represent the school in competitive sporting events, if appropriate
- ☐ I will have the opportunity to develop my knowledge of outdoor education, experiencing greater leadership roles and learning more about how to look after myself and the modern world we live in.

In Year 3 & 4...

- ☐ I will be introduced to basketball, tag rugby, rounders, benchball, hockey and handball
- ☐ I will continue my physical development in football, athletics and gymnastics
- ☐ I will continue to develop my fine motor skills by changing myself without support
- ☐ I may be able to represent the school in competitive sporting events, if appropriate
- ☐ I will have the opportunity to experience my first camping experience, away from my parents, with the outdoor education programme

In Year 1 & 2...

- ☐ I will be introduced to dodgeball, football and athletics
- ☐ I will continue my physical development through basic ball skills, gymnastics and a variety of team games.
- ☐ I will continue to develop my fine motor skills by changing myself without support.

In EYFS...

- ☐ I will begin to participate in Physical Education.
- ☐ I will be introduced to gymnastics, basic ball skills and basic tag games.
- ☐ I will begin to develop my fine motor skills by learning to change myself.



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