

Doha British School – Wakra

Physical Education

Intent Curriculum Road Map – KS3/4



- To develop and extend my knowledge of a wide variety of sports, understanding of gameplay, including how to be an effective participant in sport tactically and understanding theory related to games and health
- To ignite a passion and understanding for physical activities and the importance of health, to keeping active and being able to participate in some form of lifelong physical activity

In Year 11...

- I will apply my learnt skills in various roles in games such as umpiring, assisting and positions in teams
- I can complete my IGCSE in Physical Education which will equip me with the knowledge, understanding, skills and values needed to be able to develop and maintain my performance in physical activities

In Year 10...

- I will investigate the many roles in games and develop my understanding of how to officiate and fulfil several tactics in different positions
- I can undertake the IGCSE in Physical Education which will equip me with the knowledge, understanding, skills and values needed to be able to develop and maintain my performance in physical activities

In Year 9...

- I will continue my physical development through continuation of softball, ultimate Frisbee, handball, badminton, hockey, cricket, football, gymnastics, basketball, netball, dance, rounders, athletics and health related fitness
- I will broaden my tactical knowledge and understanding throughout the various games
- I will have an opportunity to experience outdoor education and adventurous activities

In Year 8...

- I will continue my physical development through continuation of softball, ultimate Frisbee, handball, badminton, hockey, cricket, football, gymnastics, basketball, netball, dance, rounders, athletics and health related fitness
- I will be introduced to tactics and how to outwit opponents in games
- There is also an opportunity to experience outdoor education and adventurous activities with a ski trip

In Year 7...

- I will receive an introduction to softball, ultimate Frisbee, handball, badminton, hockey and health related fitness
- I will develop knowledge on cricket, football, gymnastics, basketball, netball, dance, rounders and athletics
- I will learn how to warm up both dynamically and statically
- I will have an opportunity to experience outdoor education and adventurous activities

