www.dbswakra.com



Enriched Curriculum

Extra Curricular Activities (ECAs)





What are ECAs?

Extra Curricular Activities are held after school by our highly qualified teachers and other professionals.



There is a wide range of activities provided for your child to improve their skills and discover new talents. This enables our students to excel beyond their academic studies. These clubs will be available for children from Year 1 to Year 13.

ECAs will start on the <u>week beginning 24th September</u> and will run until the end of the <u>week beginning 3rd December</u>. ECAs will be held on the following days: Monday, Wednesday and Thursday from <u>2:15pm to</u> <u>3:00pm</u>.



What are ECAs?

There will be a maximum of 15-20 children in each ECA.



On the last page of this document you will find a link to select your child's ECA. Sign up **WILL NOT** be carried out on a first come first serve basis. All sign ups will be recorded using google forms and in the event of a club being oversubscribed students will be randomly selected into the club.

For your reference:

- KS1 are Years 1 and 2
- KS2 are Years 3, 4, 5 and 6
- KS3 are Years 7, 8 and 9
- KS4 are Years 10 and 11
- KS5 are Years 12 and 13

Sign up will begin on Thursday 14th September and will end at 3:30pm on Tuesday 19th September. By Thursday 21st September, we will communicate to you which ECA your child will take part in.

www.dbswakra.com



Qatar National Vision www.dbswakra.com

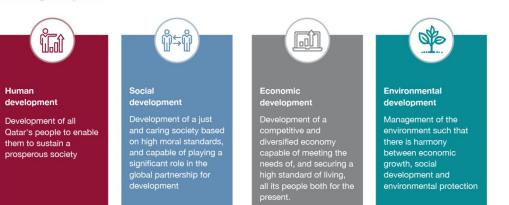
All ECAs link closely with the four main pillars of Qatar's National Vision 2030.



QATAR'S NATIONAL VISION 2030

The national vision aims to transform Qatar into an advanced country by 2030, capable of sustaining its own development and providing a high standard of living for its population and future generations.

The state of Qatar aims to achieve this through the following four pillars.





Character Development

CHARACTER DEVELOPMENT



.

During the ECAs, all children will have the opportunity to achieve Character Development awards.

www.dbswakra.com





www.dbswakra.com

What ECAs are available in DBS Wakra?



www.dbswakra.com

Monday ECAs



Monday Mindfulness Meditation For Key Stage 1 students

www.dbswakra.com

Happy

Minds

Mindfulness

Description: In this ECA, your child will develop the practice of Mindfulness Meditation. Mindfulness Meditation is a practice that helps us to become more aware of what's happening in each present moment and to develop self-confidence. We will develop the skills and attributes of self awareness, observation of thoughts and feelings, calmness and focus. Developing these mindfulness traits will improve our mental health.

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Monday Book Club For Key Stage 1 students

www.dbswakra.com



"Everyone is a reader. Some just haven't found their favourite book yet."

Description: In this ECA, your child will develop not only the pleasure for reading but also their social emotional learning and self motivation. Having a book club as a space to discuss texts can support your child to become more confident, refine their opinions, widen their reading repertoire and so much more.

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



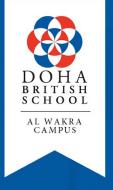
Monday Model Making For Key Stage 1&2 students

www.dbswakra.com



Description: Model Making focuses on the art of creating miniature dollhouse models, each with its unique rooms. Students in this ECA will harness their creative talents and resourcefulness to craft these dollhouses using repurposed materials, fostering creativity, craftsmanship and sustainability.

Qatar National Vision: This club includes traits of Human Development within Qatar's 2030 National Vision.



Monday Board Games For Key Stage 1&2 students

www.dbswakra.com



Description: In this ECA, pupils will be able to come along and enjoying playing their favourite board games with their friends, whilst making new ones along the way too! Tactical thinking whilst playing board games allows pupils to develop a greater ability to reason and problem solve. This ECA will also encourage pupils to consider and evaluate their decisions whilst improving their decision making skills at the same time.

Qatar National Vision: This club includes traits of Social Development within Qatar's 2030 National Vision.



Monday Playdough Club For Key Stage 1&2 students

www.dbswakra.com



Description: In this ECA your child will enjoy using their creativity in a fun and engaging way to design and create their own playdough sculpture. Using their imagination and colour mixing knowledge to make different shapes and objects. The students will also enjoy developing their fine motor skills, helping their independence and handwriting through the use of playdough.

Qatar National Vision: This club includes traits of Social Development within Qatar's 2030 National Vision.



Monday Yoga

Yoga For Key Stage 1&2 students www.dbswakra.com



Description: In this ECA, your child will practise various stretching and strengthening poses. This will focus on their gross motor skills development. Yoga gives your child an opportunity to build their focus, strength, flexibility, self-confidence and mindfulness. It also allows your child to find different self-regulating tools. Yoga will help your child to build resiliency.

Qatar National Vision: This club includes traits of Human Development within Qatar's 2030 National Vision.



Monday Drawing and Art For Key Stage 1&2 students



Description: In this ECA your child will have the opportunity to explore different methods of art by using a variety of techniques and art supplies. They will learn how to draw in different styles by looking at different artists as well as learning how to develop their own skills, express themselves and increase their interest in art.

Qatar National Vision: This club includes traits of human and social development within Qatar's 2030 national vision.



Monday Loom Bands For Key Stage 1&2 students

www.dbswakra.com

Description: Loom band making is a creative and engaging craft using small, colorful rubber bands and loom tools. This ECA encourages: fine motor skills, creativity and patience. This makes it a fantastic hands-on activity for Key Stage 1 and 2 students. Loom bands will give your child the opportunity to build their focus, develop their own skills, express themselves and engage socially with other children.

Qatar National Vision: This club includes traits of human and social development within Qatar's 2030 national vision.



Monday Netball For Key Stage 2 students

www.dbswakra.com



Description: At this ECA, your child will enjoy learning the skills and the game of Netball. Whilst learning various Netball skills, they will develop their integrity, confidence and resilience.

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Monday Basketball For Key Stage 2 students

www.dbswakra.com



Description: In this ECA, pupils will learn and develop basketball related skills as well as how to work as part of a team whilst building their self confidence and respect for their team mates, officials and coaches.

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Monday Injaz - Our Nation For Year 5 & 6 students

www.dbswakra.com



Description: Our Nation provides practical information about businesses' need for workers who can meet the demands of the job market. Further, it introduces the concept of globalisation as it relates to resources and careers and the need for students to be entrepreneurial in their thinking to meet the requirements of business worldwide.

Qatar National Vision: Human Development, Economic Development & Social Development.



Monday Health and Fitness For Key Stage 3&4 students

www.dbswakra.com



Description: This club is for pupils to improve their fitness and understand long term health benefits within physical activity. This club aims to build pupils' resilience, motivation and self confidence.

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Monday English Homework

For Key Stage 3&4 students



Description: In this ECA, pupils will be provided with a space to practice English related skills such as reading and writing. They can seek help and guidance from their peers before completing their homework in a focused environment.

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Monday Arts and Crafts (DT) For Key Stage 3&4 students

www.dbswakra.com



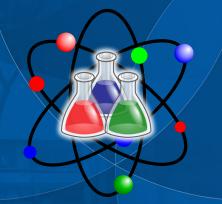
Description: In this ECA, pupils will be using their artistic talents as we craft amazing art and transform our ideas into masterpieces and beautiful products. In Arts and Crafts club, pupils can bring their imagination to life in a hands-on, fun-filled experience.

Qatar National Vision: Human development link - The development of all Qatar's people to enable a sustained prosperous society.



Monday Science

Science For Key Stage 3&4 students www.dbswakra.com



Description:

Science club aims to make science fun, exciting while providing opportunities for students to explore various scientific concepts and engage in hands-on experiments and activities.

Through exciting experiments, discussions and exploration of scientific topics we hope to ignite inquisitiveness, curiosity and passion for Science.

Qatar National Vision: This club includes traits of Environmental Development within Qatar's 2030 National Vision.



Monday Duke of Edinburgh For Key Stage 3&4 students

www.dbswakra.com

THE DUKE OF EDINBURGH'S C INTERNATIONAL AWARD

Description: The Duke of Edinburgh's International Award is a global framework for non-formal education and learning, which challenges young people to dream big, celebrate their achievements and make a difference in their world. Through developing transferable skills, increasing their fitness levels, cultivating a sense of adventure and volunteering in their community, the Award helps young people to find their purpose, passion and place in the world. Students need to be between the ages of 14 and 24 to participate.

Qatar National Vision: Human development link - Development of all Qatar's people to enable them to sustain a prosperous society.



Monday Injaz - How Money Works For Year 11 & 12 students

www.dbswakra.com



Description: Focuses on earning money, spending money wisely through budgeting, saving and investing money, using credit cautiously and protecting one's personal finances.

Qatar National Vision: Human Development, Economic Development & Social Development



Monday Graphic Design

For Key Stage 3, 4&5 students

www.dbswakra.com



Description: In this ECA, your child will learn about vector and raster graphics. They will develop and utilise their digital and creative skills whilst also enhancing their commercial awareness.

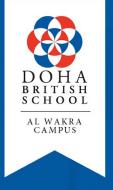
Students will have the opportunity to express themselves and develop cutting edge skills.

Qatar National Vision: This club includes traits of Economic Development within Qatar's 2030 National Vision.

www.dbswakra.com



Wednesday ECAs



Wednesday Lego Club For Key Stage 1 students



Description: In this ECA, your child will learn how to create a Lego World with a variety of buildings and objects. Children will building their self-confidence, resilience and respect skills for their team. This will help your child to improve their social life.

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Wednesday Mindfulness Colouring For Key Stage 1 students

www.dbswakra.com



Description: Mindfulness colouring is a chance to channel your inner creativity. The aim of this ECA is to help children learn to calm their bodies and minds. This creates a relaxed, positive environment which can benefit behaviour, communication and emotional regulation. It can help children learn patience and explore feelings such as gratitude and love.

Qatar National Vision: This club includes traits of Social Development within Qatar's 2030 National Vision.



Wednesday Spanish Painting For Key Stage 1 students



Description: In this ECA, your child will improve the motor skills and encourage their curiosity.By using paints, brushes and pencils, the child learn to control the movements of their hand and the infinite possibilities that drawings offers, it helps them develop, their curiosity and imagination about things. Also they will learns about famous spanish painters.

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Wednesday Times Table Rock Stars For Key Stage 1&2 students

www.dbswakra.com



Description: In this ECA, children will be challenged to learn their times tables ranging from their 2's to their 12's. Your child will enjoy a range of different games and challenges that tie in alongside Times Tables Rock Stars. They will develop and utilise their self confidence and resilience skills as they take on their friends and teachers to move up the school leaderboard.

Qatar National Vision: This club includes traits of Human Development within Qatar's 2030 National Vision.



Wednesday Cross Stitch For Key Stage 1&2 students

www.dbswakra.com



Description: In this ECA, children will learn to calm their bodies and minds. This creates a relaxed, positive environment which can benefit behaviour, communication and emotional regulation. It can help children learn patience and explore feelings such as gratitude and love.

Qatar National Vision: This club includes traits of Economic and Social Development within Qatar's 2030 National Vision.



Wednesday Book Club For Key Stage 1&2 students

www.dbswakra.com



Description: Our book club will help our pupils to develop a love of reading for pleasure. They will learn to communicate their thoughts about a book and what the moral of the story is.

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Wednesday Painting For Key Stage 1&2 students

www.dbswakra.com



Description: In this ECA, children will be using their ideas, experiences and imagination to develop a wide range of art and design techniques They will be considering how best to use colours, patterns, lines and shapes in their masterpieces. They will also be able to develop their creative and communicative skills.

Qatar National Vision: This club includes traits of Social Development within Qatar's 2030 National Vision.

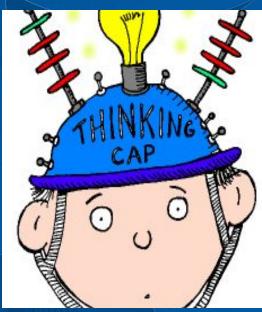


Wednesday

Brain Blasters For Key Stage 1&2 students

Description: Give your mind a good workout! We have more than just simple riddles and puzzles here. To solve these you need to use a more creative, less straightforward thought process. So, join us to evoke your brain's curiosity!

Qatar National Vision: This club includes traits of Human Development within Qatar's 2030 National Vision.





Wednesday Glee Club (Singing and Dancing)

For Key Stage 2 students

www.dbswakra.com



Description:

In this ECA, your child will enjoy a range of musical activities such as singing and dancing. They will learn a variety of popular songs and spend the session developing their self confidence and community spirit skills. They will learn what a team truly is through our sessions and what it feels like to have utmost respect for one another.

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Wednesday German CLub For Key Stage 2 students

www.dbswakra.com

Description: In this ECA, your child will be introduced to beginners German and will have opportunities to listen, speak, read and write the German language. By learning this new language, it will not only help when visiting a German-speaking country, but will also build social skills and confidence when facing the challenges of something new to you!

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Description:

Wednesday Arabic Reading for Arabic Speakers For Key Stage 2 students

www.dbswakra.com



Do you want to enjoy reading fluency? If you want to improve your reading and enjoy it, join us.

Qatar National Vision:

This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Wednesday ECO - Club For Key Stage 2, 3 and 4 students

Description: DBS Al-Wakra community needs motivated and ambitious people to work towards becoming an Eco-School and with hard work, dedication and resilience we will be assessed for the Green Flag Award in two years time. You, the students, are the driving force behind this. During this ECA you will need to look at ways we can improve the school to becoming environmentally friendly, you will build the action plan and have the opportunity to play a major role in setting up the program and making it a success. We are looking for inquisitive individuals to think of new ways to help our community become more sustainable.

Qatar National Vision: This club includes traits of Environmental Development within Qatar's 2030 National Vision.





Wednesday Pop-Rock Band For Key Stage 3 students

www.dbswakra.com



Description:

In this ECA, your child will enjoy a range of musical activities such as playing musical instruments, singing and playing songs together. They will improve skills with musical instruments, learn how to be a band and spend the session developing their self confidence and community spirit skills. Children will learn how to work in a music team and understand what it feels to be a leader and as well as play solo.

Qatar National Vision: This club includes traits of Human and Social Development within Qatar's 2030 National Vision.



Wednesday MMA (Mixed Martial Arts) For Key Stage 3&4 students

www.dbswakra.com



Description: Discover the empowering world of MMA - a sport that combines various techniques and combat styles from different disciplines, including boxing, wrestling, Brazilian Jiu-Jitsu, Muay Thai, and more. We will be learning techniques and fitness within a safe and controlled environment. We will be empowering students to feel confident in their ability, to learn complex physical movements. MMA is the perfect way for students to let off steam and expend excess energy, into a positive discipline that encourages focus, respect, problem solving and stress relief.

Qatar National Vision: This club includes traits of Human Development within Qatar's 2030 National Vision.



Wednesday Brighten Your Thoughts For Key Stage 3&4 students

www.dbswakra.com

Description: Unlock your potential! Join our Brighten Your Thoughts public speaking competition and transform your communication skills.

Gain confidence, captivate audiences and win big prizes!

Qatar National Vision: Human Development





Wednesday MUN (Model United Nations) For Key Stage 3&4 students

www.dbswakra.com

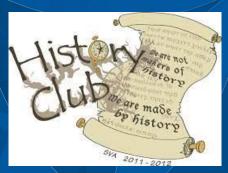


Description: Model UN is a popular activity for those interested in learning more about how the UN operates. Hundreds of thousands of students worldwide take part every year at all educational levels. Many of today's leaders in law, government, business and the arts – including at the UN itself – participated in Model UN as student. Through Model UN, students develop their research and analytical skills, their public speaking skills, their interpersonal skills, their leadership skills, their cultural awareness and sensitivity, and their sense of global responsibility

Qatar National Vision: This club includes traits of Human/Social Development within Qatar's 2030 National Vision.



Wednesday History Club For Key Stage 3&4 students



Description: Join the History Club and embark on a thrilling journey through time! Dive into the past, uncovering the mysteries, triumphs, and challenges that have shaped our world. History club is the perfect place for young historians to connect, learn, and share their passion for the past. Through engaging discussions, hands-on activities, and exciting projects, we'll explore different eras, cultures, and events, making history come alive.

Unearth the treasures of history with us every week – because the past is more than just a story; it's a source of inspiration and understanding for our future!

Qatar National Vision: This club includes traits of Human/Social Development within Qatar's 2030 National Vision.



Wednesday Turkish Club For Key Stage 3&4 students

www.dbswakra.com



Description: Originating in the furthest reaches of Central Asia, the Turkish language crossed continents to become one of Europe and Asia's most important historical languages with the growth of the Ottoman Empire. Today, Turkish is spoken in the modern republic of Turkey and languages in the Turkic family are spoken across the Middle East and Central Asia. Turkey is a geographic and cultural hub that sits in the crossroads between Eastern Europe, Central Asia and the Middle East. There are over 80 million people worldwide who speak Turkish as their first language, and there are several million more speaking it as a second language. This makes it one of the world's 15 most widely spoken first languages.

Qatar National Vision: This club includes traits of Human/Social Development within Qatar's 2030 National Vision



Wednesday

Badminton For Key Stage 3, 4 and 5 students

Description: Everybody loves Badminton! It's a fantastic sport for both casual players and professionals who can really show of their motivation to improve. The best aspect of this sport is it doesn't really matter about body shape as technique and tactics are king if you want to be serious!

Badminton is great for whose who wish to improve their aspect of community spirit as students from all year groups learn to talk to each other and work together as a team! Come and have fun or improve your game, everyone is welcome (16 max).

Qatar National Vision: Human development of the citizens and improve personal well being.





Wednesday Shark Tank For Key Stage 3, 4&5 students

Description: Join us as we recreate the thrill of the hit TV show 'Shark Tank' right in your school.

Guided by expert coaches, you'll refine your business concept, develop a solid business plan, and craft persuasive pitches. You'll have the chance to present your ideas to a panel of "sharks," successful local entrepreneurs and business leaders, who will evaluate your project and offer invaluable feedback.

Whether you dream of creating the next big app, inventing a groundbreaking product, or launching a socially responsible business, Shark Tank Extracurricular Activity will equip you with the skills and knowledge to turn your ideas into reality. Join us, and unleash your entrepreneurial spirit while gaining real-world experience that will set you on the path to success.

Qatar National Vision: This club focuses on Economic Development as part of Qatar's National Vision.

www.dbswakra.com



Paid clubs (You may sign up for these through our school ECA google form as well)

ECAs



Everyday Icon Football Academy For KS1/KS2/KS3/KS4 students

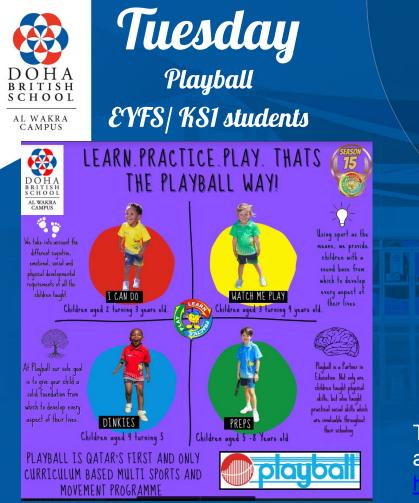
D

Description: ICON Football Academy is a QFA approved academy, providing exclusive football training sessions here at DBS Wakra.

This schedule is their **after school program** and is welcome to all members of the community and is not exclusive to DBS Wakra pupils, however our pupils are entitled to a discount.

Please contact ICON (50700999) if you would like any further information or to join these sessions, alternatively please go along to the sessions where their admin team are on hand to sign you up and answer any questions you may have. ICON schedule at Doha British School, Al Wakra 5-6pm 6-7pm 6 Little Kickers boys and 2017

Days	5-6pm	6-7pm	7-8pm
Sunday	Little Kickers boys and	2017	2014
	girls born in 2018 & 2019	2016	2013
		2015	2012
Monday	GIRLS ONLY born	2010/11	
	between 2017-2007	2009	
	and the second	2008/07	
Tuesday	Little Kickers boys and	2017	2014
	girls born in 2018 & 2019	2016	2013
		2015	2012
Wednesday	GIRLS ONLY born	2010/11	
	between 2017-2007	2009	
		2008/07	
Thursday	Little Kickers boys and	2017	2014
	girls born in 2018 & 2019	2016	2013
		2015	2012
Friday			
Saturday	GIRLS ONLY born	2010/11	
	between 2017-2007	2009	
		2008/07	





To join this paid ECA, please follow the link and/or select the club on our DBS google form



Thursday Icon - Football and Basketball For KS2 students (aged 9-12)



ICON SPORTS ECA PROGRAMME



www.dbswakra.com

Description: ICON Academy are offering paid ECAs exclusively for our pupils, this is separate to their football academy program. Please see the advert.

-10 Week Program 750 QR

- 2-3pm

We'll send our administrator on the first session to take payments, which can be made via card or cash
Sessions can be paid per session at 80 QR



Every Thursday from September 28th ICON FOOTBALL ICON BASKETBALL 9-12 YEARS OLD 7-11 YEARS OLD DBS AL WAKRA



Thursday Taekwondo and Kickboxing For KS1,KS2,KS2,KS4 students

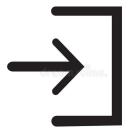
Al Arabi Sports Club are offering paid ECAs for our pupils.

Please go along to the sessions and sign up with the coach, or contact him on the number on the leaflet for any further information and/or sign up through our DBS google form.

Payments are to be made in cash, directly to the coach at the sessions.







How to sign up:

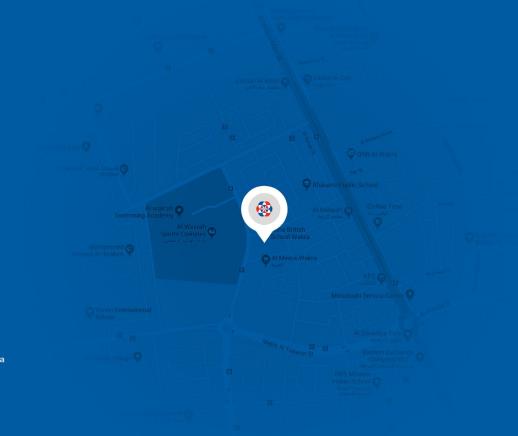
Click the link below to fill out the form: https://forms.gle/k6QXBrEdeUjTk8Hj8

Remember to only choose an ECA for the Key Stage your child is in. If you have more than one child, you will need to complete the form for each child. You are required to sign up siblings on the same club days.

Please understand that it is not guaranteed your child will be able to attend their chosen ECA as it is based on a random selection draw. If you are late to collect your child more than two times, your child will be removed from the ECA.

We will communicate to you which ECA your child will take part in. Your child cannot change ECA after being allocated a slot. They can change their ECA when we release them again in January 2024.

Thank You



 Close to Al Wakrah Sports Club, Al Jamiyah Street, Al Wakra Doha, Qatar

(+974 4019 8080

info@dbswakra.com

