



DOHA BRITISH SCHOOL

AL WAKRA

Our core purpose is that every young person should gain as much as possible from our school, based on our belief that all learners can, need and want to achieve.

November 30 2023

Dear parents,

I am writing this week to remind our community of the importance of high standards of nutrition and hydration amongst our student body. The poster attached to this email has been in our school for around five years now, and its message is very much still in place, namely that students are only allowed to consume healthy food and drink whilst in school so that we can be sure that what they are eating and drinking will help them to learn effectively. To this end, it is worth repeating that unhealthy food and drink – such as sweets and energy drinks, for example – are not allowed and should not be brought into school. In addition, we also aim to be a nut-free school, so care and attention that neither nuts nor nut-products are in lunch boxes is very much appreciated; this, to be clear, is to protect students who suffer from nut allergies.

We have also worked closely with the external catering company which runs our canteen with a view to ensuring that healthy items only are available here, as well as other adjustments to what is offered. This has led to the introduction of the Shawarma Wednesdays initiative, which has been very popular since it began.

As with all issues around ensuring the health, safety & wellbeing of our students, high levels of effectiveness are only possible when both home and school are aligned in terms of purpose and common understanding. If we could continue to work together in order to support our students in this regard, that would – as always – be very much appreciated.

As always, if any parents would like to contact me directly regarding this information, I would welcome them to do so via the email address below.

Yours sincerely,

Steven Miles.

Principal, Doha British School – Al Wakra Campus

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